

## SHAC Meeting minutes from May 9, 2024

### Present:

Beth Aycock  
Tish Ptomey  
Julia Serna  
Ashley Hinze

David Hoellen  
Brenda Hodges  
Gary McHone  
Karen Ewton

Meeting was called to order at 4:30PM

### Agenda:

#### 1. Introductions

#### 2. Employee Wellness Incentives

- Dr. Aycock shared that there have been inquiries about the possibility of starting an employee health and wellness incentive program. Ashley Hinze talked about previous efforts like the "Biggest Loser Weight Loss Challenge." David Hoellen shared his experience with health incentive programs from the insurance side. He suggested the district contact our health program to find out if there are current incentive programs SISD could join. He also suggested a health risk assessment to determine employee priorities and areas of greatest spending. Dr. Aycock agreed to research this further with our health plan.

#### 3. Scheduling of Future Meetings

- The committee agreed that Thursday afternoons are a convenient time to hold SHAC meetings in the 24-25 school year.

#### 4. Agenda Topics for Future Meetings

The committee suggested the following topics for the first meeting in 24-24:

Updated on annual employee required training (mental health, first aid response)  
Fentanyl awareness efforts  
Annual screenings for students  
District vulnerability assessment results  
Employee health incentive programs

Meeting adjourned at 4:55 pm